







Menu Items Allergen Check List

Note - Please state the name of the cereal(s) containing gluten* and the name of the nut(s)** in the appropriate column *DESSERTS*

<input checked="" type="checkbox"/> Type menu items below and indicate allergens using a tick	 Cereals*	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soybeans	Milk	 Nuts**	 Celery	 Mustard	 Sesame seeds	 Sulphur dioxide & sulphites***	 Lupins	 Molluscs
Apple pie	✓		✓				✓							
Sticky toffee	✓		✓				✓	✓						
Choc Fondant	✓		✓				✓							
Banana Boal							✓	✓						
CREME BRULÉE			✓				✓							
ICE CREAM							✓							

* Containing gluten (wheat, rye, barley & oats)

** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia










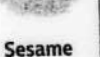



*** e.g. found in sausages, burgers, wife

✓ Means the menu item contains this allergenic ingredient

For more information on how your food business can comply with these legal requirements, please visit www.fsai.ie/allergens or contact us at info@fsai.ie

Menu Items Allergen Check List

Note - Please state the name of the cereal(s) containing gluten* and the name of the nut(s)** in the appropriate column *Lunch*

MENU ITEM	 Cereals*	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soybeans	Milk	 Nuts**	 Celery	 Mustard	 Sesame seeds	 Sulphur dioxide & sulphites***	 Lupins	 Molluscs
<input checked="" type="checkbox"/> Type menu items below and indicate allergens using a tick														
Fish n' chips	✓		✓				✓			✓				
Scampi	✓		✓				✓			✓				
Fish taco	✓		✓				✓			✓				
Shrimp taco	✓	✓	✓				✓			✓				
DINNER														
Mushroom risotto	✓		✓				✓							
Risotto			✓				✓					✓		
Steak, Ale Pie	✓		✓				✓							
Pancake				✓			✓						✓	
Steak	✓						✓							
Chuck Supreme	✓						✓							
Beef nachos	✓						✓							
Veg nachos							✓							














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 ** Almonds, hazelnuts, walnuts, cashews, pecan, Brazil nuts, pistachio, macadamia
 *** e.g. found in sausages, burgers, wine
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Breakfast

MENU ITEM	 Cereals*	 Crustaceans	 Eggs	 Fish	 Peanuts	 Soybeans	Milk	 Nuts**	 Celery	 Mustard	 Sesame seeds	 Sulphur dioxide & sulphites***	 Lupins	 Molluscs
Eggs on Toast	✓		✓				✓							
Breakfast Muffin	✓		✓				✓					✓		
Brioche Toast	✓		✓				✓	✓						
Full Irish	✓		✓				✓					✓		
Eggs Benedict	✓		✓				✓							
OMELETTE	✓		✓				✓							
Veggie Breakfast	✓		✓				✓							
Score	✓		✓				✓							

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